



# Encouraging Behaviors in ASD: BRIBES VERSUS REWARDS

Both bribes and rewards offer something in exchange for desired behavior. It's all about timing.



# Reward

- ▶ About the child
  - ▶ Require time
  - ▶ Logical

Discussion: As parents, what are your thoughts about Rewards? Let's discuss the pros and cons

# Understanding “Rewards” in the adult world:

- ▶ You work. You demonstrate professional behavior and complete the tasks required of you, you get a paycheck.
- ▶ You work. You do not demonstrate professional behavior or complete the tasks required of you, you risk not getting a paycheck.
  - ▶ For a child, a fun activity or a toy they've been wanting is equivalent to that paycheck.

Tip: Create a formal reward system with your child ahead of time, such as a token economy system, and go over what is expected behavior-wise and tasks.

# Bribe

- ▶ About the adult
  - ▶ Quick fix
  - ▶ Arbitrary

Discussion: As parents, what are your thoughts about Bribery? Let's discuss the pros and cons.

# Understanding “Bribes” in the adult world:

- ▶ You've been assigned a project on Monday that is due in one week's time. However, on Thursday your boss suddenly says that if you finish the project by the end of the day, you do not have to come into work on Friday.
- ▶ While that surely motivates you to complete the assignment quicker, when the next project comes around you may have similar expectations. If those expectations are not met, it leads to feelings of frustration.

# Bribes versus Rewards

- ▶ Let's discuss...
  - ▶ Questions?
  - ▶ Comments?